

# Exploratory Mediation Analysis with Many Potential Mediators

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# Outline

Exploratory Mediation

Current options

Coordinate-wise mediation filter

Implementation

Simulation

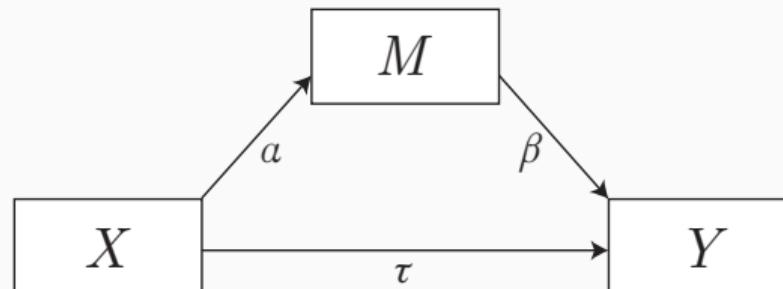
Conclusion

# Exploratory Mediation

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# Single mediator model

Q: When is  $M$  a mediator?



# Single mediator model

MacKinnon et al. (2002):

1. Causal steps:  $\alpha$  &  $\beta$
2. Difference in coefficients:  $\tau - \tau|M$
3. Product of coefficients:  $\alpha \times \beta$

VanderWeele (2015, p. 46): “Also take into account  $X \cdot M$  interaction!”

# Single mediator model

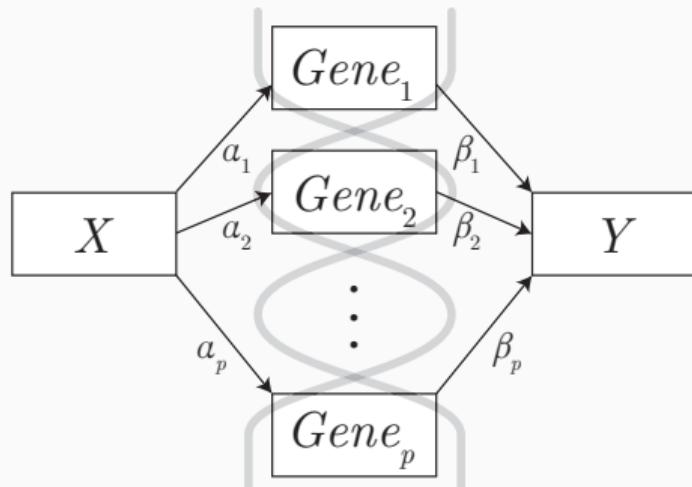
Theory-based **decision functions** using data from  $X, M, Y$ :

$$\mathcal{D}: \{\mathbf{x}, \mathbf{m}, \mathbf{y}\} \mapsto \{0, 1\}$$

(0 = **not mediator**, 1 = **mediator**)

# Many Mediators

Q: When is  $Gene_i$  a mediator?



## Many Mediators

Preacher and Hayes (2008):

1. Fit the full Structural Equation Model with all  $M$   
⇒ estimates take all mediators into account
2. Perform  $\mathcal{D}$  using the estimated parameters

$\mathcal{D}(x, m^{(i)}, y)$  conditional on  $M_{-i}$

## Many Mediators

With many mediators ( $p > n$ ) SEM is unavailable!

## Current options

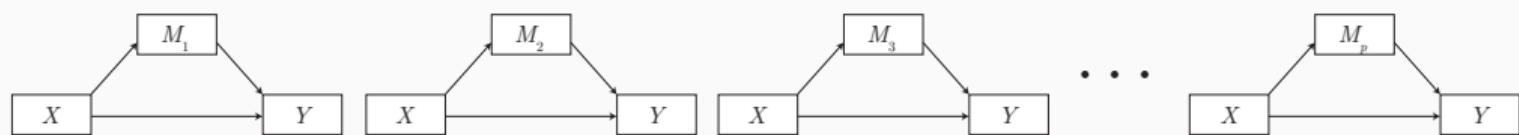
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# Three options

- Filter
- XMed
- HIMA

# Filter

The **filter** method:  $p$  single mediator models



for (i in 1:p)  $\mathcal{D}(\mathbf{x}, \mathbf{m}^{(i)}, \mathbf{y})$

# Filter

## Good

- Simple
- Quick
- Flexible

## Bad

- Assumes uncorrelated mediators: won't work if mediation only visible conditionally

Jacobucci et al. (2016): We can now penalise SEM parameters

$$F_{\text{regsem}} = F_{\text{ML}} + \lambda P(\cdot)$$

Serang et al. (2017): We can use this to select mediators! Put a lasso penalty on  $\alpha$  and  $\beta$

The XMed method

## Good

- "Full" SEM
- Does not assume uncorrelated mediators
- Regularisation is hip

## Bad

- Find  $M$  for which  $\alpha \text{ OR } \beta$  but we want  $\alpha \text{ AND } \beta$ .
- Implementation does not handle high-dimensional data.

Three-step sequential combination of the above (Zhang et al., 2016):

1. Filter the top  $\frac{2n}{\log n} M$  variables based on the  $\beta$  coefficients
2. Estimate remaining  $\beta$  coefficients with sparsity
3. For remaining  $M$  variables, perform  $\mathcal{D}_{\text{causal}}$  steps

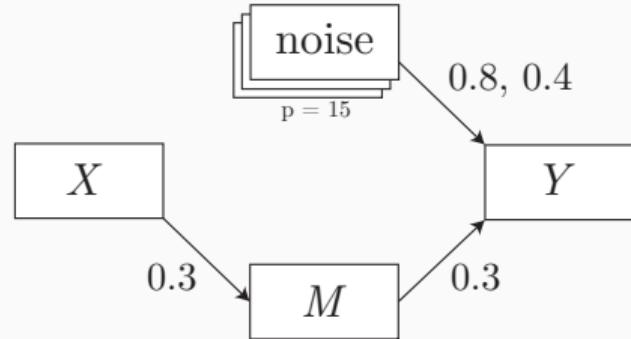
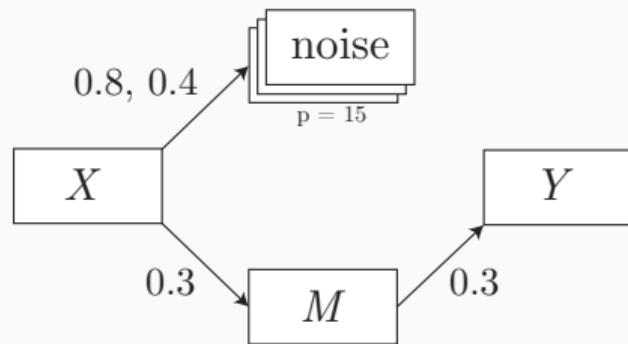
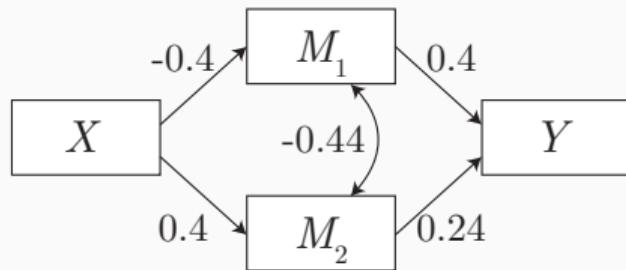
## Good

- Very fast implementation
- Promising performance
- Regularisation is hip

## Bad

- Very focused on  $M \rightarrow Y$
- Fixed  $\mathcal{D}_{\text{causal steps}}$

# Illustrative simulations



## **Coordinate-wise mediation filter**

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# Coordinate-wise mediation filter

Our contribution:

$\mathcal{D}(x, m^{(i)}, y)$  **conditional** on  $M_{-i}$

## Coordinate-wise mediation filter

Insight from regularisation literature (Hastie et al., 2015):

conditional parameter == parameter estimated on residual

# Coordinate-wise mediation filter

```
1 sel <- rep(0, p)
2
3 while (!convergence) {
4   for (i in 1:p) {
5     r_x <- x - M[, sel] %*% beta_x_sel
6     r_y <- y - M[, sel] %*% beta_y_sel
7     sel[i] <- decisionFunction(r_x, M[, i], r_y)
8   }
9 }
```

# Coordinate-wise mediation filter

for each mediator  
perform the decision function  
throw it out if 0

Coordinate-wise  
Mediation  
Filter

conditional on the other selected mediators

repeat until convergence

# Coordinate-wise mediation filter

## Good

- Uses theoretically relevant  $\mathcal{D}$
- Does not assume uncorrelated mediators

## Bad

- Nonconvergence  
⇒ weak learner

# Nonconvergence

Aggregating the weak learner:

- Multiple random starts (parallel processing)  
⇒ empirical selection probability
- Randomly order variables within iterations
- Consider only  $\sqrt{p}$  variables at each step
- Early stopping
- Convergence after > 1 unchanged iteration

# Implementation

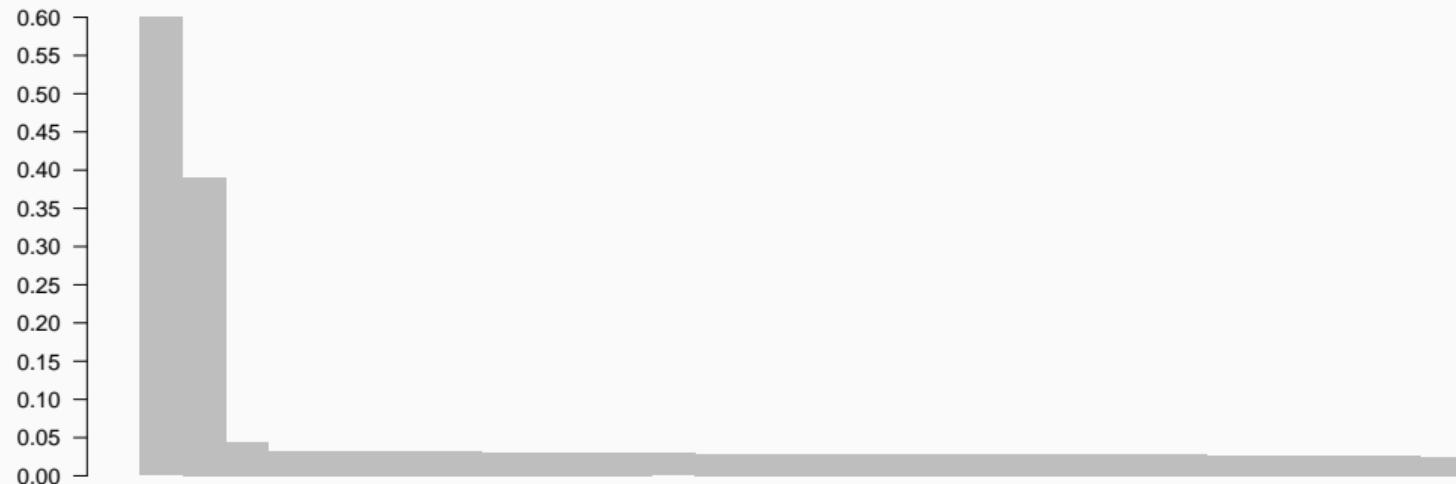
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# Implementation

```
> library(cmfilter)  
  
> # Perform the cmf algorithm  
> result ← cmf(dataset, nStarts = 10000)  
  
| ++++++ | 51% ~52s
```

# Implementation

```
> screeplot(result)
```



# Implementation

```
> result ← setCutoff(result, 0.2)
> result

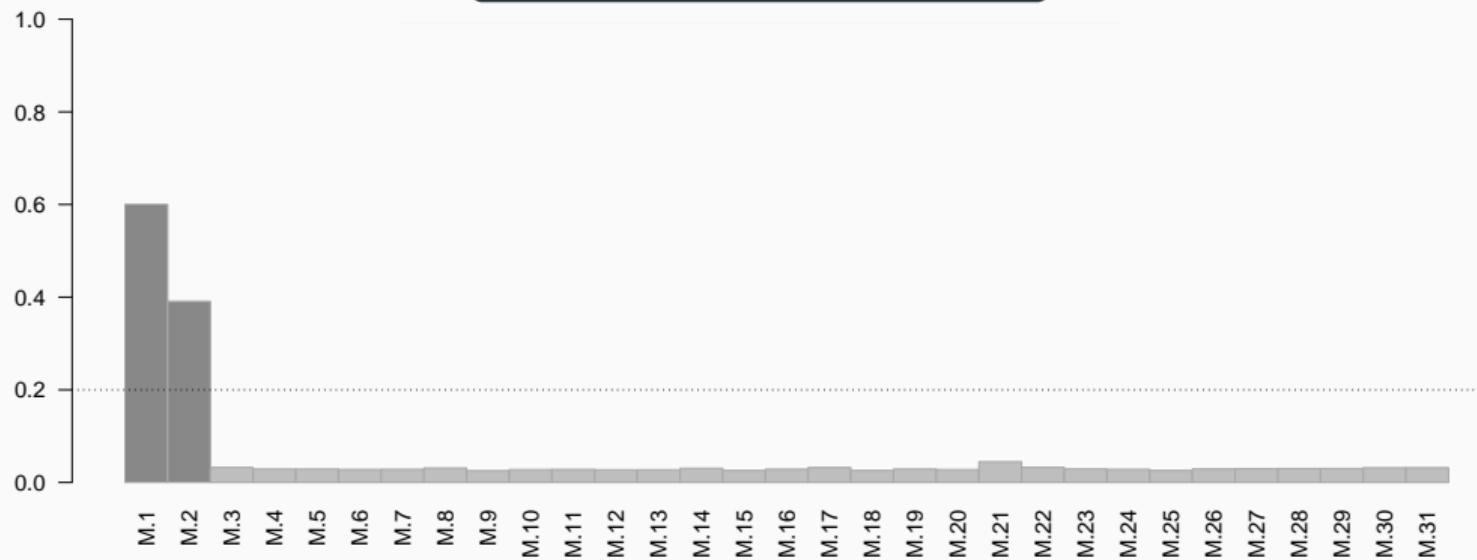
CMF Algorithm Results
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call:
cmf(x = d, nStarts = 10000, cutoff = 0.2)

Algorithm converged.
variables selected: 2
number of starts: 10000
cutoff probability: 0.2
-----
```

```
-----
Top 10:
SelectionRate Selected
M.1      0.6001    TRUE
M.2      0.3911    TRUE
M.21     0.0446    FALSE
M.22     0.0324    FALSE
M.3      0.0323    FALSE
M.17     0.0321    FALSE
M.31     0.0317    FALSE
M.30     0.0316    FALSE
M.8      0.0311    FALSE
M.14     0.0304    FALSE
-----
```

# Implementation

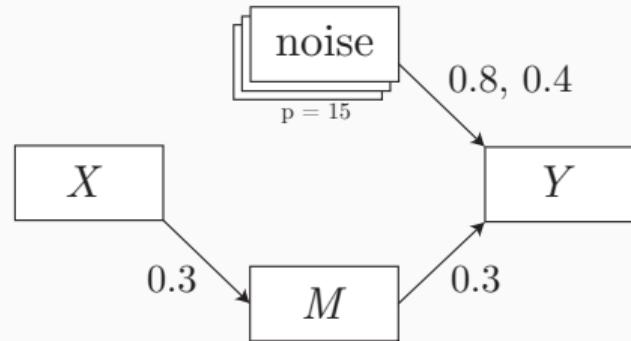
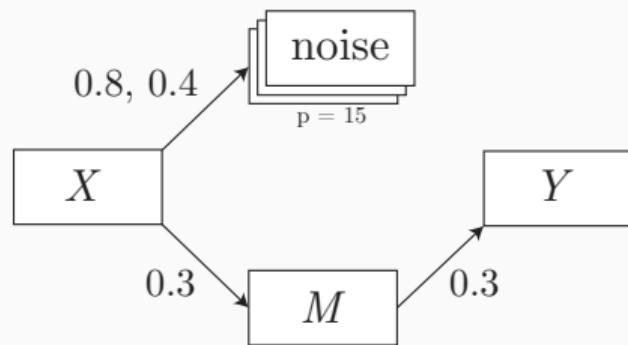
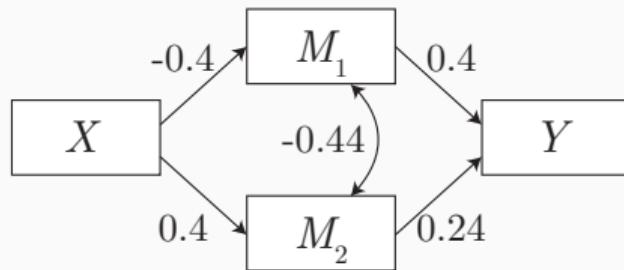
```
> plot(result)
```



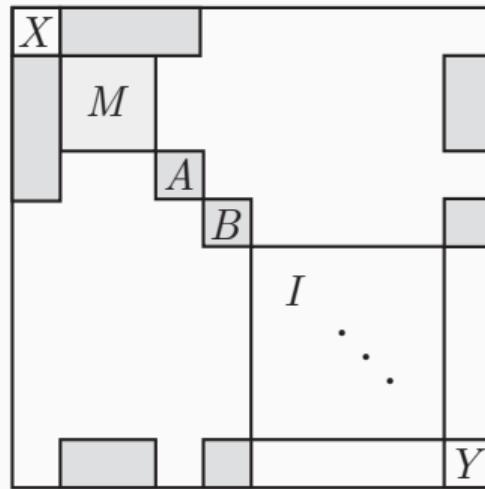
# Simulation

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# Illustrative simulations



# High-Dimensional Simulation



Method	TPR	FPR	PPV
CMF	.55	.005	.52
Filter	.22	.002	.52
HIMA	.06	.009	.03

# Conclusion

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# Conclusion

- New algorithmic method for exploratory mediation analysis
- Flexible choice of  $\mathcal{D}$
- Conditional on  $M_i$
- Performs at benchmark-level (including in boundary cases)
- Works for high-dimensional data
- Implemented in R package `cmfilter`

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[github.com/vankesteren](https://github.com/vankesteren)

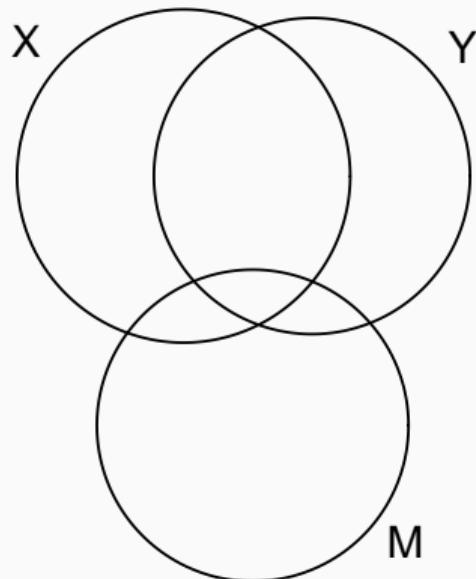
@ejvankesteren

# References

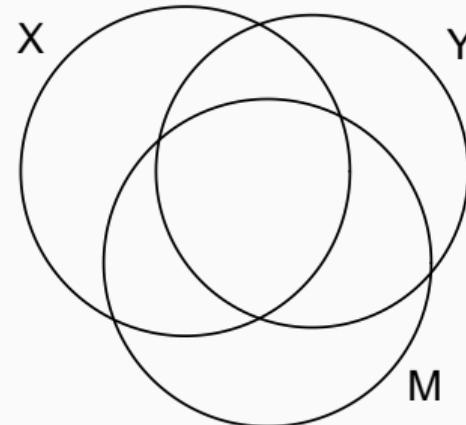
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# Single mediator model

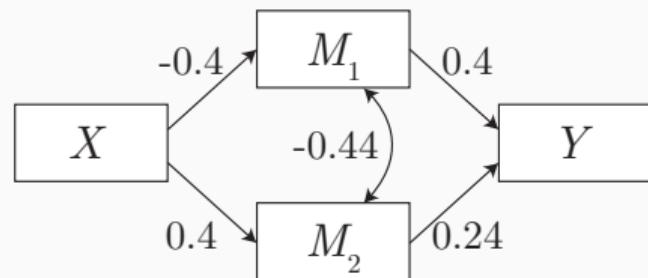
**Weak mediation**



**Strong mediation**

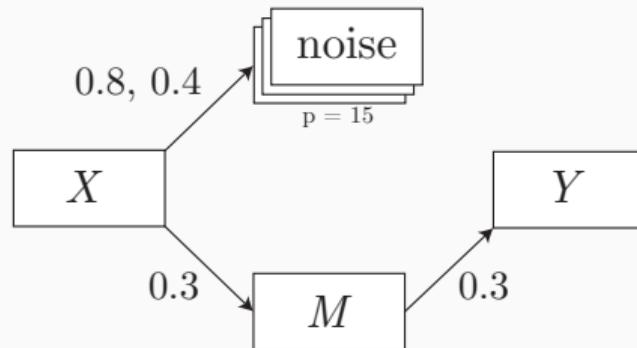


# Conditional-only



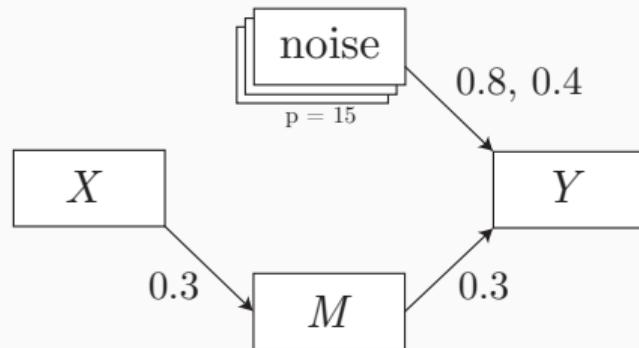
Method	M1	M2
SEM	100	100
Filter	100	.
XMed	100	100
HIMA	100	100
CMF	100	100

## Noise in $\alpha$ paths



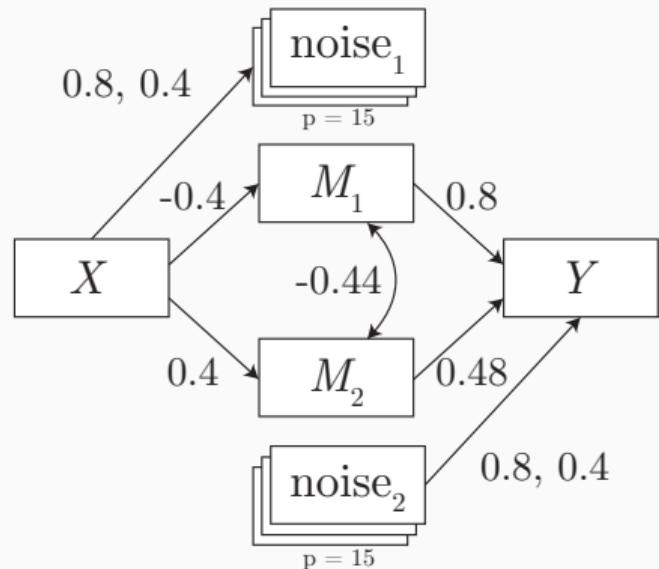
Method	TPR	FPR
SEM	100	.
Filter	100	17
XMed	77	.
HIMA	100	.
CMF	100	.

# Noise in $\beta$ paths



Method	TPR	FPR
SEM	100	.
Filter	100	.
XMed	100	.
HIMA	.	.
CMF	100	.

# Everything combined



Method	M1	M2	FPR	PPV
SEM	1	1	.	1
Filter	1	.	0.02	0.27
XMed	1	1	0.1	0.77
HIMA	1	1	.	1
CMF	1	1	.	1